

## **SUMMARY OF PRODUCT CHARACTERISTICS**

## **1. NAME OF THE MEDICINAL PRODUCT**

Compound Sodium Lactate Solution for Infusion BP

## **2. QUALITATIVE AND QUANTITATIVE COMPOSITION**

### **Qualitative Composition:**

Each 100 ml contains

Sodium lactate Solution BP

Eq. to sodium Lactate

Sodium Chloride BP

Potassium Chloride BP

Calcium Chloride Dihydrate

Water for injection BP

## **3. PHARMACEUTICAL FORM**

Solution for Infusion

## **4. CLINICAL PARTICULARS**

### **4.1 Therapeutic indications**

Compound Sodium Lactate solution is used in the following indications:

- Restoration of extracellular fluid and electrolytes balances or replacement of extracellular fluid loss where isotonic concentrations of electrolytes are sufficient
- Short term volume replacement (alone or in association with colloid) in case of hypovolemia or hypotension.
- Regulation or maintenance of metabolic acidosis balance and/or treatment of mild to moderate metabolic acidosis (except lactic acidosis)

### **4.2 Posology and method of administration**

#### Posology

#### **Adults, the Elderly and Children:**

Dosage, rate, and duration of administration are to be individualized and depend upon the indication for use, the patient's age, weight, clinical condition, and concomitant treatment, and on the patient's clinical and laboratory response to treatment.

#### **Recommended dosage:**

The amount of Compound Sodium Lactate solution needed to restore normal blood volume is 3 to 5 times the volume of lost blood.

**The recommended dosage is:**

- For adults: 500 ml to 3 L/24h
- For infants, toddlers and children: 20 ml to 100 ml/kg/24 h

**Administration rate:**

The infusion rate is usually 40 mL/kg/24h in adults.

**Use in paediatric patients**

The safety and efficacy of Compound Sodium Lactate solution in children has not been established by adequate and well-controlled trials; however, the use of electrolyte solutions in the paediatric population is referenced in the medical literature. Lactate-containing solutions should be administered with particular caution to neonates and infants less than 6 months of age.

**Paediatric infusion rates is 5 ml/kg/h in average but the value varies with age:**

- Infants: 6-8 mL/kg/h,
- Toddlers: 4-6 mL/kg/h
- Children: 2-4 mL/kg/h.

In children with burns, the dose is on average 3.4 mL/kg/per cent burn at 24 h post-burn and 6.3mL/kg/per cent burn at 48 h.

In severely head-injured children the dose is on average 2850 mL/m<sup>2</sup>.

Infusion rate and total volume can be higher in surgery or in case of need.

**Note:**

- Infants and toddlers: aged from 28 days to 23 months (a toddler is an infant who can walk)
- Children: age from 2 to 11 years

**Use in geriatric patients**

When selecting the type of infusion solution and the volume/rate of infusion for a geriatric patient, consider that geriatric patients are generally more likely to have cardiac, renal, hepatic, and other diseases or concomitant drug therapy.

**Method of administration:**

The solution is for intravenous administration through a sterile and non-pyrogenic administration set using aseptic technique. The equipment should be primed with the solution in order to prevent air entering the system.

The solution should be inspected visually for particulate matter and discoloration prior to administration. Do not administer unless the solution is clear, free from visible particles and

theseal is intact. Do not remove unit from overwrap until ready for use. The inner bag maintains the sterility of the solution. Administer immediately following the insertion of infusion set. Do not connect flexible plastic containers in series in order to avoid air embolism due to possible residual air contained in the primary container. Pressurizing intravenous solutions contained in flexible plastic containers to increase flow rates can result in air embolism if the residual air in the container is not fully evacuated prior to administration. Use of a vented intravenous administration set with the vent in the open position could result in air embolism. Vented intravenous administration sets with the vent in the open position should not be used with flexible plastic containers. Additives may be introduced before infusion or during infusion through the injection site. When making additions to Compound Sodium Lactate solution, aseptic technique must be used. Mix the solution thoroughly when additives have been introduced. Do not store solutions containing additives. For information on incompatibilities and preparation of the product with additives.

### **4.3 Contraindications**

As for other calcium-containing infusion solutions, concomitant administration of ceftriaxone and Compound Sodium Lactate solution is contraindicated in newborns ( $\leq 28$  days of age), even if separate infusion lines are used (risk of fatal ceftriaxone-calcium salt precipitation in the neonate's bloodstream). For patients over 28 days of age.

Compound Sodium Lactate solution is also contraindicated in patients with

- A known hypersensitivity to sodium lactate.
- Extracellular hyperhydration or hypervolaemia
- Severe renal insufficiency (with oliguria/anuria)
- Uncompensated cardiac failure
- Hyperkalaemia
- Hypercalcaemia
- Metabolic alkalosis
- Ascitic cirrhosis
- Severe metabolic acidosis
- Conditions associated with increased lactate levels (hyperlactataemia) including lactic acidosis, or impaired lactate utilization, such as severe hepatic insufficiency.
- Concomitant digitalis therapy

### **4.4 Special warnings and precautions for use**

**Liver disease:**

Caution is needed in patients with severe hepatic impairment. The dose of metronidazole should be reduced as necessary. Metronidazole is mainly metabolised by hepatic oxidation. Substantial impairment of Metronidazole clearance may occur in the presence of advanced hepatic insufficiency. The risk/benefit ratio of using Metronidazole to treat trichomoniasis in such patients should be carefully considered (for dosage adjustment see section 4.2). Plasma levels of Metronidazole should be closely monitored.

Caution is needed in patients with hepatic encephalopathy. Patients with severe hepatic encephalopathy metabolize metronidazole slowly, with resultant accumulation of metronidazole. This may cause exacerbation of CNS adverse effects. The dose of metronidazole should be reduced as necessary.

Cases of severe hepatotoxicity/acute hepatic failure, including cases with a fatal outcome with very rapid onset after treatment initiation in patients with Cockayne syndrome have been reported with products containing metronidazole for systemic use. In this population, metronidazole should therefore be used after careful benefit-risk assessment and only if no alternative treatment is available. Liver function tests must be performed just prior to the start of therapy, throughout and after end of treatment until liver function is within normal ranges, or until the baseline values are reached. If the liver function tests become markedly elevated during treatment, the drug should be discontinued.

Patients with Cockayne syndrome should be advised to immediately report any symptoms of potential liver injury to their physician and stop taking metronidazole.

#### **Active Central Nervous System disease:**

Metronidazole should be used with caution in patients with active disease of the Peripheral and Central Nervous System. Severe neurological disturbances (including seizures and peripheral and optic neuropathies) have been reported in patients treated with metronidazole. Stop metronidazole treatment if any abnormal neurologic symptoms occur such as ataxia, dizziness, confusion or any other CNS adverse reaction. The risk of aggravation of the neurological state should be considered in patients with fixed or progressive paraesthesia, epilepsy and active disease of the central nervous system except for brain abscess.

Encephalopathy has been reported in association with cerebellar toxicity characterized by ataxia, dizziness, dysarthria, and accompanied by CNS lesions seen on magnetic resonance imaging (MRI). CNS symptoms and CNS lesions, are generally reversible within days to weeks upon discontinuation of metronidazole.

Aseptic meningitis can occur with metronidazole. Symptoms can start within hours of dose administration and generally resolve after metronidazole therapy is discontinued.

#### **Blood Dyscrasias**

Metronidazole should be used with caution in patients with evidence or history of blood dyscrasia as a granulocytosis; leukopenia and neutropenia have been observed following metronidazole administration.

**Renal Disease:**

Metronidazole is removed during haemodialysis and should be administered after the procedure is finished. Patients with renal impairment, including patients receiving peritoneal dialysis, should be monitored for signs of toxicity due to the potential accumulation of toxic metronidazole metabolites.

**Sodium restricted patients:**

This medicinal product contains 13.5 mmol (310 mg) sodium per 100 mL. To be taken into consideration by patients on a controlled sodium diet.

**Alcohol:**

Patients should be advised to discontinue consumption of alcoholic beverages or alcohol-containing products before, during, and up to 72 hours after taking metronidazole because of a disulfiram-like effect (abdominal cramps, nausea, headaches, flushing, vomiting and tachycardia).

**Intensive or prolonged Metronidazole therapy:**

As a rule, the usual duration of therapy with i.v. Metronidazole or other imidazole derivatives is usually less than 10 days. This period may only be exceeded in individual cases after a very strict benefit-risk assessment. Only in the rarest possible case should the treatment be repeated. Limiting the duration of treatment is necessary because damage to human germ cells cannot be excluded.

Intensive or prolonged Metronidazole therapy should be conducted only under conditions of close surveillance for clinical and biological effects and under specialist direction. If prolonged therapy is required, the physician should bear in mind the possibility of peripheral neuropathy or leukopenia. Both effects are usually reversible.

In case of prolonged treatment, occurrence of undesirable effects such as paraesthesia, ataxia, dizziness and convulsive crises should be checked. High dose regimes have been associated with transient epileptiform seizures.

**Monitoring:**

Due to increased risk for adverse reactions, regular clinical and laboratory monitoring (including blood count) are advised in cases of high-dose, prolonged or repeated treatment, in case of antecedents of blood dyscrasia, in case of severe infection and in severe hepatic insufficiency.

## **4.5 Interaction with other medicinal products and other forms of interaction**

### **< Interaction related to the presence of sodium:**

Caution is advised when administering Compound Sodium Lactate solution to patients treated with drugs that may increase the risk of sodium and fluid retention (with oedema and hypertension), such as corticosteroids.

### **Interaction related to the presence of potassium:**

Because of its potassium content, Compound Sodium Lactate solution should be administered with caution in patients treated with agents or products that can cause hyperkalaemia or increase the risk of hyperkalaemia, such as

- Potassium-sparing diuretics (amiloride, spironolactone, triamterene, alone or in association).
- Angiotensin converting enzyme inhibitors (ACEi) and angiotensin II receptor antagonists
- Tacrolimus, cyclosporine

Administration of potassium in patients treated with such medications can produce severe and potentially fatal hyperkalaemia, particularly in patients with severe renal insufficiency.

### **Interaction related to the presence of calcium:**

Administration of calcium may increase the effects of digitalis and lead to serious or fatal cardiac arrhythmia. Therefore, larger volumes or a faster infusion rates should be used with caution in patients treated with digitalis glycosides.

- Caution is advised when administering Compound Sodium Lactate solution to patients treated with thiazide diuretics or vitamin D, as these can increase the risk of hypercalcaemia.
- Bisphosphonates, fluoride, some fluoroquinolones and tetracyclines which are less absorbed (lower availability) when administered with calcium.

### **Interaction related to the presence of lactate (which is metabolized into bicarbonate):**

Caution is advised when administering Compound Sodium Lactate solution to patients treated with drugs for which renal elimination is pH dependent. Due to the alkalinizing action of lactate (formation of bicarbonate), Compound Sodium Lactate solution may interfere with the elimination of such drugs.

- Renal clearance of acidic drugs such as salicylates, barbiturates, and lithium may be increased because of the alkalisation of urine by the bicarbonate resulting from lactate metabolism.
- Renal clearance of alkaline drugs, such as sympathomimetics (e.g. ephedrine, pseudoephedrine) and stimulants (e.g. dexamphetamine sulfate, phenfluramine hydrochloride) may be decreased

#### 4.6 Fertility, pregnancy and lactation

Compound Sodium Lactate solution can be used safely during pregnancy and lactation as long as the electrolyte- and fluid balance is controlled.

It is reminded that calcium crosses the placenta and is distributed into breast milk.

When a medication is added, the nature of the drug and its use during pregnancy and lactation has to be considered separately.

#### 4.7 Effects on ability to drive and use machines

The following adverse reactions (listed by MedDRA System Organ Class) have been reported spontaneously during the post-market experience.

Immune System Disorders	Hypersensitivity/Infusion reactions including Anaphylactic/Anaphylactoid reaction, possibly manifested by one or more of the following symptoms: Angioedema, Chest pain, Chest discomfort, Decreased heart rate, Tachycardia, Blood pressure decreased, Respiratory distress, Bronchospasm, Dyspnea, Cough, Urticaria, Rash, Pruritus, Erythema, Flushing, Throat irritation, Paresthesias, Hypoesthesia oral, Dysgeusia, Nausea, Anxiety, Pyrexia, Headache
Metabolism and Nutrition Disorders	Hyperkalaemia
General Disorders and Administration Site Conditions	Infusion Site Reactions manifested by one or more of the following symptoms: Phlebitis, Infusion site inflammation, Infusion site swelling, Infusion site rash, Infusion site pruritus, Infusion site erythema, Infusion site pain, Infusion site burning

The following adverse reactions have been reported spontaneously during the use of other sodium-lactate containing solutions:

- Hypersensitivity: Laryngeal oedema (Quincke's oedema), skin swelling, nasal congestion, Sneezing



- Electrolyte disturbances
- Hypervolaemia
- Panic Attack
- Other infusion site reactions: Infection at the site of injection, Extravasation, Infusion site anesthesia (numbness)

#### **4.8 Undesirable effects**

An excessive volume or too high a rate of administration of Compound Sodium Lactate solution may lead to fluid and sodium overload with a risk of oedema (peripheral and/or pulmonary), particularly when renal sodium excretion is impaired. In this case extra renal dialysis may be necessary.

Excessive administration of potassium may lead to the development of hyperkalaemia, especially in patients with renal impairment. Symptoms include paresthesia of the extremities, muscle weakness, paralysis, cardiac arrhythmias, heart block, cardiac arrest, and mental confusion. Excessive administration of calcium salts may lead to hypercalcaemia. Symptoms of hypercalcaemia may include anorexia, nausea, vomiting, constipation, abdominal pain, muscle weakness, mental disturbances, polydipsia, polyuria, nephrocalcinosis, renal calculi, and, in severe cases, cardiac arrhythmias and coma. Too rapid intravenous injection of calcium salts may also lead to many of the symptoms of hypercalcaemia as well as to chalky taste, hot flushes, and peripheral vasodilatation. Mild asymptomatic hypercalcaemia will usually resolve on stopping administration of calcium and other contributory drugs such as vitamin D. If hypercalcaemia is severe, urgent treatment (such as loop diuretics, haemodialysis, calcitonin, bisphosphonates, trisodium edetate) is required.

Excessive administration of lactate may lead to metabolic alkalosis. Metabolic alkalosis may be accompanied by hypokalaemia. Symptoms may include mood changes, tiredness, and shortness of breath, muscle weakness, and irregular heartbeat. Muscle hypertonicity, twitching, and tetany may develop especially in hypocalcaemic patients. Treatment of metabolic alkalosis due to bicarbonate overdose consists mainly of appropriate correction of fluid and electrolyte balance. Replacement of calcium, chloride, and potassium may be of particular importance.

#### **4.9 Overdose**

When overdose is related to medications added to the solution infused, the signs and symptoms of over infusion will be related to the nature of the additive being used. In the event of accidental over infusion, treatment should be discontinued and the patient should be

observed for the appropriate signs and symptoms related to the drug administered. The relevant symptomatic and supportive measures should be provided as necessary.

## **5. PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group (ATC code): B05BB01 “Electrolytes”

Compound Sodium Lactate solution is an isotonic solution of electrolytes. The constituents of Compound Sodium Lactate Solution and their concentrations are designed to match those of plasma. The pharmacological properties of the Compound Sodium Lactate solution are those of its components (sodium, potassium, calcium, chloride and lactate). The main effect of Compound Sodium Lactate Solution is the expansion of the extracellular compartment including both the interstitial fluid and the intravascular fluid. The lactate is metabolised into bicarbonate, mainly in the liver, and produces an alkalinising effect on the plasma. In healthy volunteers receiving Compound Sodium Lactate Solution, central venous pressure changes were associated with a secretion of atrial natriuretic peptide. In healthy volunteers, Compound Sodium Lactate Solution decreased serum osmolality, increased blood pH, and the time until first urination was shorter than that with normal saline. There is no significant change in glucagon, norepinephrine, epinephrine, blood glucose and insulin levels in aortic surgery patients receiving Compound Sodium Lactate Solution. When medication is added to Compound Sodium Lactate Solution, the overall pharmacodynamics of the solution will depend on the nature of the drug used.

### **5.2 Pharmacokinetic properties**

The pharmacokinetic properties of the Compound Sodium Lactate solution are those of the ions its composition includes (sodium, potassium, calcium and chloride).

Infusion of Compound Sodium Lactate Solution in normal hemodynamically stable adults does not increase circulating lactate concentrations.

The pharmacokinetics of D-lactate and L-lactate are similar. The lactate in Compound Sodium Lactate solution is metabolized by both oxidation and gluconeogenesis, predominantly in the liver, and bicarbonate is generated by both processes over 1-2 h. When medication is added to Compound Sodium Lactate Solution, the overall pharmacokinetics of the solution will depend on the nature of the drug used.

### **5.3 Preclinical safety data**

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Water for injection BP

### **6.2 Incompatibilities**

### **6.3 Shelf life**

36 Months from the date of manufacture

### **6.4 Special precautions for storage**

Store in a cool & dry place. Protected from light

### **6.5 Nature and contents of container <and special equipment for use, administration or implantation>**

500 ml and 1000 ml Plastic Bottles.

### **6.6 Special precautions for disposal <and other handling>**

## **7. MARKETING AUTHORISATION HOLDER**

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## **8. MARKETING AUTHORISATION NUMBER(S)**

5798/REN/2018

## **9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

Date of first authorisation: 16.04.2014

Date of latest renewal: 25.05.2020

## **10. DATE OF REVISION OF THE TEXT**

Date: 12.07.2023