# SUMMARY OF PRODUCT CHARACTERISTIC (SPC)

# **1. NAME OF THE MEDICINAL PRODUCT**

VOMIZ 8 Ondansetron 8mg Film coated tablets

# 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each film coated tablet contains ondansetron hydrochloride equivalent to 8mg ondansetron *Excipient(s) with known effect:* Each tablet contains 188.75 mg lactose anhydrous. Colour: opadry yellow For the full list of excipients, see section 6.1

# **3. PHARMACEUTICAL FORM**

Film-coated tablets

Yellow colored, capsule shaped, biconvex, film coated tablets plain on both the sides. The tablet should be free of all physical defects.

# 4. CLINICAL PARTICULARS

# 4.1 THERAPEUTIC INDICATIONS:

#### Adults:

Ondansetron is indicated for the management of nausea and vomiting induced by cytotoxic chemotherapy and radiotherapy.

Ondansetron is indicated for the prevention and treatment of post-operative nausea and vomiting (PONV).

For treatment of established PONV, administration by injection is recommended.

# Paediatric Population:

Ondansetron is indicated for the management of chemotherapy-induced nausea and vomiting (CINV) in children aged  $\geq 6$  months, and for the prevention and treatment of PONV in children aged  $\geq 1$  month, administration by injection is recommended.

# 4.2 POSOLOGY AND METHOD OF ADMINISTRATION:

# Posology

# Chemotherapy and radiotherapy induced nausea and vomiting

Adults:

The emetogenic potential of cancer treatment varies according to the doses and combinations of chemotherapy and radiotherapy regimens used. The selection of dose regimen should be determined by the severity of the emetogenic challenge. The route of administration and dose of ondansetron should be flexible in the range of 8-32mg a day and selected as shown below.

*Emetogenic Chemotherapy and Radiotherapy*: Ondansetron can be given either by rectal, oral (tablets or syrup), intravenous or intramuscular administration, using either Ondansetron 4 mg and 8 mg Tablets or other commercially-available ondansetron presentations.

For oral administration: 8mg 1-2 hours before chemotherapy or radiation treatment, followed by 8mg every 12 hours for a maximum of 5 days to protect against delayed or prolonged emesis.

*Highly Emetogenic Chemotherapy (e.g., high-dose cisplatin)*: a single dose of up to 24mg Ondanestron taken with 12 mg oral dexamethasone sodium phosphate, 1 to 2 hours before chemotherapy, may be used. Ondansetron can be given either by rectal, intravenous or intramuscular administration, using other commercially-available ondansetron presentations. To protect against delayed or prolonged emesis after the first 24 hours, oral or rectal treatment with ondansetron should be continued for up to 5 days after a course of treatment.

The recommended dose for oral administration is 8mg twice daily.

#### Paediatric Population:

#### <u>CINV in children aged $\geq$ 6 months and adolescents</u>

The dose for CINV can be calculated based on body surface area (BSA) or weight – see below. In paediatric clinical studies, ondansetron was given by IV infusion diluted in 25 to 50mL of saline or other compatible infusion fluid and infused over not less than 15 minutes.

Weight-based dosing results in higher total daily doses compared to BSA based dosing (sections Special Warnings and Precautions for Use and Pharmacodynamic Properties).

Ondansetron injections should be diluted in 5% dextrose or 0.9% sodium chloride or other compatible infusion fluid (see section Special Precautions for Disposal) and infused intravenously over not less than 15 minutes.

There are no data from controlled clinical trials on the use of ondansetron in the prevention of delayed or prolonged CINV. There are no data from controlled clinical trials on the use of ondansetron for radiotherapy-induced nausea and vomiting in children.

Dosing by BSA:

Ondansetron should be administered immediately before chemotherapy as a single intravenous dose of  $5 \text{ mg/m}^2$ . The single intravenous dose must not exceed 8 mg. Oral dosing can commence 12 hours later and may be continued for up to 5 days (table 1).

The total dose over 24 hours (given as divided doses) must not exceed adult dose of 32mg.

BSA	Day 1 <sup>(a, b)</sup>	Days 2-6 <sup>(b)</sup>
$< 0.6 \text{ m}^2$	5 mg/m <sup>2</sup> IVplus 2 mg	2 mg syrup every 12
	syrup after 12 hours	hours
$\geq 0.6 \text{ m}^2$	5 mg/m <sup>2</sup> IV. plus 4 mg	4 mg syrup or tablet every 12
	syrup or tablet every 12	hours
	hours	
$>1.2 \text{ m}^2$	5mg/m <sup>2</sup> or 8mg IV plus	8mg syrup or tablet every 12
	8mg syrup or tablet after	hours
	12 hours	

Table 1: BSA-based dosing for Chemotherapy – Children aged  $\geq 6$  months and Adolescents

a. The intravenous dose must not exceed 8mg.

b. The total dose over 24 hours must not exceed the adult dose of 32 mg.

Dosing by bodyweight:

Weight-based dosing results in higher total daily doses compared to BSA based dosing (sections Special Warnings and Precautions for Use and Pharmacodynamic Properties).

Ondansetron should be administered immediately before chemotherapy as a single intravenous dose of 0.15 mg/kg. The single intravenous dose must not exceed 8 mg.

Two further intravenous doses may be given in 4-hourly intervals.

The total dose over 24 hours (given as divided doses) must not exceed adult dose of 32 mg.

Oral dosing can commence twelve hours later and may be continued for up to 5 days (Table 2).

Table 2: Weight-based dosing for Chemotherapy – Children aged  $\geq 6$  months and adolescents

Weight	Day 1 <sup>(a, b)</sup>	Days 2-6 <sup>(b)</sup>
$\leq 10 \text{ kg}$	Up to 3 doses of 0.15 mg/kg every 4 hours	2 mg syrup every 12 hours
> 10 kg	Up to 3 doses of 0.15 mg/kg every 4 hours	4 mg syrup or tablet every 12 hours

a. The intravenous dose must not exceed 8 mg.

b. The total dose over 24 hours must not exceed adult dose of 32 mg.

# **Elderly:**

Ondansetron is well tolerated by patients over 65 years and no alteration of oral dose or frequency of administration is required.

# Patients with renal impairment:

No alteration of daily dosage or frequency of dosing, or route of administration are required.

# Patients with hepatic impairment:

Clearance of ondansetron is significantly reduced and serum half-life significantly prolonged in subjects with moderate or severe impairment of hepatic function. In such patients a total daily dose of 8mg should not be exceeded.

# Post-operative nausea and vomiting (PONV):

# Adults:

*For the prevention of PONV:* Ondansetron can be administered orally or by intravenous or intramuscular injection.

For oral administration: 16mg one hour prior to anaesthesia. Alternatively, 8mg one hour prior to anaesthesia followed by two further doses of 8mg at eight hourly intervals.

For the treatment of established PONV: Intravenous or intramuscular administration is recommended.

# Paediatric population

**PONV** in children aged  $\geq 1$  month and adolescents

# Oral formulation:

No studies have been conducted on the use of orally administered ondansetron in the prevention or treatment of post-operative nausea and vomiting; slow IV injection (not less than 30 seconds) is recommended for this purpose.

# Injection:

For prevention of PONV in paediatric patients having surgery performed under general anaesthesia, a single dose of ondansetron may be administered by slow intravenous injection (not less than 30 seconds) at a dose of 0.1 mg/kg up to a maximum of 4 mg either prior to, at or after induction of anaesthesia.

For the treatment of PONV after surgery in paediatric patients having surgery performed under general anaesthesia, a single dose of ondansetron may be administered by slow intravenous injection (not less than 30 seconds) at a dose of 0.1 mg/kg up to a maximum of 4 mg.

There are no data on the use of ondansetron in the treatment of PONV in children below 2 years of age.

# Elderly:

There is limited experience in the use of ondansetron in the prevention and treatment of post-operative nausea and vomiting in the elderly, however ondansetron is well tolerated in patients over 65 years receiving chemotherapy.

#### Patients with renal impairment:

No alteration of daily dosage or frequency of dosing, or route of administration are required.

#### Patients with hepatic impairment:

Clearance of ondansetron is significantly reduced and serum half-life significantly prolonged in subjects with moderate or severe impairment of hepatic function. In such patients a total daily dose of 8mg should not be exceeded.

# Patients with poor sparteine/debrisoquine metabolism:

The elimination half-life of ondansetron is not altered in subjects classified as poor metabolisers of sparteine and debrisoquine. Consequently in such patients repeat dosing will give drug exposure levels no different from those of the general population. No alteration of daily dosage or frequency of dosing is required.

Method of administration For oral use.

# **4.3 CONTRAINDICATIONS:**

Based on reports of profound hypotension and loss of consciousness when ondansetron was administered with apomorphine hydrochloride, concomitant use with apomorphine is contraindicated.

Hypersensitivity to any component of the preparation.

Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

# 4.4 SPECIAL WARNINGS AND PRECAUTIONS FOR USE:

Hypersensitivity reactions have been reported in patients who have exhibited hypersensitivity to other selective 5HT3 receptor antagonists.

Respiratory events should be treated symptomatically and clinicians should pay particular attention to them as precursors of hypersensitivity reactions.

Rarely transient ECG changes including QT interval prolongation have been reported in patients receiving ondansetron. Ondansetron prolongs the QT interval in a dosedependent manner (see section Pharmacodynamic Properties). Avoid ondansetron in patients with congenital long QT syndrome. In addition, post-marketing cases of Torsade de Pointes have been reported in patients using ondansetron. Ondansetron should be administered with caution to patients who have or may develop prolongation of QTc, electrolyte abnormalities, congestive heart including patients with failure. bradyarrhythmias, congenital long QT syndrome, or patients taking other medicinal products that lead to QT prolongation or electrolyte abnormalities. Therefore caution should be exercised in patients with cardiac rhythm or conduction disturbances, in patients treated with antiarrhythmic agents or beta-adrenergic blocking agents and in patients with significant electrolyte disturbances.

Cases of myocardial ischemia have been reported in patients treated with ondansetron. In some patients, especially in the case of intravenous administration, symptoms appeared immediately after administration of ondansetron. Patients should be alerted to the signs and symptoms of myocardial ischemia.

Hypokalaemia and hypomagnesaemia should be corrected prior to ondansetron administration.

There have been post-marketing reports describing patients with serotonin syndrome (including altered mental status, autonomic instability and neuromuscular abnormalities) following the concomitant use of ondansetron and other serotonergic drugs (including selective serotonin reuptake inhibitors (SSRI) and serotonin noradrenaline reuptake inhibitors (SNRIs)). If concomitant treatment with ondansetron and other serotonergic drugs is clinically warranted, appropriate observation of the patient is advised.

As ondansetron is known to increase large bowel transit time, patients with signs of subacute intestinal obstruction should be monitored following administration.

In patients with adenotonsillar surgery prevention of nausea and vomiting with ondansetron may mask occult bleeding. Therefore, such patients should be followed carefully after ondansetron.

#### Paediatric Population:

Paediatric patients receiving ondansetron with hepatotoxic chemotherapeutic agents should be monitored closely for impaired hepatic function.

#### <u>CINV:</u>

When calculating the dose on an mg/kg basis and administering three doses at 4- hourly intervals, the total daily dose will be higher than if one single dose of  $5 \text{ mg/m}^2$  followed by an

oral dose is given. The comparative efficacy of these two different dosing regimes has not been investigated in clinical trials. Cross trial comparison indicates similar efficacy for both regimes (section Pharmacodynamic Properties).

Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

# 4.5 INTERACTION WITH OTHER MEDICINAL PRODUCTS AND OTHER FORMS OF INTERACTION

There is no evidence that ondansetron either induces or inhibits the metabolism of other drugs commonly coadministered with it. Specific studies have shown that ondansetron does not interact with alcohol, temazepam, furosemide, tramadol, propofol, alfentanil, morphine, lidocaine and thiopental.

Ondansetron is metabolised by multiple hepatic cytochrome P-450 enzymes:

CYP3A4, CYP2D6 and CYP1A2. Due to the multiplicity of metabolic enzymes capable of metabolising ondansetron, enzyme inhibition or reduced activity of one enzyme (e.g. CYP2D6 genetic deficiency) is normally compensated by other enzymes and should result in little or no significant change in overall ondansetron clearance or dose requirement.

*Apomorphine:* Based on reports of profound hypotension and loss of consciousness when ondansetron was administered with apomorphine hydrochloride, concomitant use with apomorphine is contraindicated.

*Phenytoin, Carbamazepine and Rifampicin:* In patients treated with potent inducers of CYP3A4 (i.e. phenytoin, carbamazepine, and rifampicin), the oral clearance of ondansetron was increased and ondansetron blood concentrations were decreased.

*Tramadol:* Data from small studies indicate that ondansetron may reduce the analgesic effect of tramadol.

Use of ondansetron with QT prolongation drugs may result in additional QT prolongation. Concomitant use of ondansetron with cardiotoxic drugs (e.g. anthracyclines (such as doxorubicin, daunorubicin) or trastuzumab), antibiotics (such as erythromycin), antifungals (such as ketoconazole), antiarrhythmics (such as amiodarone) and beta blockers (such as atenolol or timolol) may increase the risk of arrhythmias. (See section Special Warnings and Precautions for Use).

# 4.6 PREGNANCY AND LACTATION

# Women of childbearing potential

Women of childbearing potential should consider the use of contraception.

#### Pregnancy

Based on human experience from epidemiological studies, Ondansetron is suspected to cause orofacila malformations when administered during the first trimester of pregnancy.

In one cohort study including 1.8 million pregnancies, first trimester Ondansetron use was associated with an increased risk of oral clefts (3 additional cases per 10, 000 women treated; adjusted relative risk, 1.24, (95% CI 1.03-1.48)).

The available epidemiological studies on cardiac malformations show conflicting results. Animal studies does not indicate direct or indirect harmful effects with respect to reproductive toxicity

Ondansetron should not be used during the first trimester of pregnancy.

#### Breast-feeding

Tests have shown that ondansetron passes into the milk of lactating animals. It is therefore recommended that mothers receiving ondansetron should not breast-feed their babies.

# 4.7 EFFECTS ON ABILITY TO DRIVE AND USE MACHINES:

In psychomotor testing ondansetron does not impair performance nor cause sedation. No detrimental effects on such activities from the pharmacology of ondansetron.

#### 4.8 UNDESIRABLE EFFECTS

Adverse events are listed below by system organ class and frequency. Frequencies are defined as: very common (1/10), common (1/100 and <1/10), uncommon (1/1000 and <1/100), rare (1/10,000 and <1/1000), very rare (<1/10,000) including isolated reports and unknown frequency (cannot be estimated from available data). Very common, common and uncommon events were generally determined from clinical trial data. The incidence in placebo was taken into account. Rare and very rare events were generally determined from post-marketing spontaneous data.

The following frequencies are estimated at the standard recommended doses of ondansetron according to indication and formulation. The adverse event profiles in children and adolescents were comparable to that seen in adults.

#### Immune system disorders

Rare: Immediate hypersensitivity reactions sometimes severe, including anaphylaxis.

#### Nervous system disorders

#### Very common: Headache.

Uncommon: Seizures, movement disorders (including extrapyramidal reactions such as dystonic reactions, oculogyric crisis and dyskinesia) have been observed without definitive evidence of persistent clinical sequelae.

Rare: Dizziness during rapid IV administration, which in most cases is prevented or resolved by lengthening the infusion period.

#### Eye disorders

Rare: Transient visual disturbances (e.g. blurred vision) during IV administration.

Very rare: Transient blindness predominantly during IV administration.

The majority of the blindness cases reported resolved within 20 minutes. Most patients had received chemotherapeutic agents, which included cisplatin. Some cases of transient blindness were reported as cortical in origin.

#### Cardiac disorders

Uncommon: Arrhythmias, chest pain with or without ST segment depression, bradycardia.

Rare: QTc prolongation (including Torsade de Pointes)

Unknown frequency (cannot be estimated from available data): Myocardial Ischemia (see section Special Warnings and Precautions for Use).

#### Vascular disorders

Common: Sensation of warmth or flushing. Uncommon: Hypotension.

#### Respiratory, thoracic and mediastinal disorders

Uncommon: Hiccups.

#### **Gastrointestinal disorders**

Common: Constipation.

#### Hepatobiliary disorders

Uncommon: Asymptomatic increases in liver function tests#.

- 1. Observed without definitive evidence of persistent clinical sequelae.
- 2. The majority of the blindness cases reported resolved within 20 minutes.
- 3. These events were observed commonly in patients receiving chemotherapy with cisplatin. Some cases of transient blindness were reported as cortical in origin.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorization of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. To report adverse events, email us at <u>drugsafety@zyduslife.com</u> or visit www.zyduslife.com.

#### 4.9 OVERDOSE

#### Symptoms and Signs

Little is known at present about overdosage with ondansetron, however, a limited number of patients received overdoses. In the majority of cases, symptoms were similar to those already reported in patients receiving recommended doses (see section Undesirable Effects). Manifestations that have been reported include visual disturbances, severe constipation, hypotension and a vasovagal episode with transient second -degree AV block. In all instances, the events resolved completely.

Ondansetron prolongs the QT interval in a dose-dependent fashion. ECG monitoring is recommended in cases of overdose.

Treatment

There is no specific antidote for ondansetron, therefore in all cases of suspected overdose, symptomatic and supportive therapy should be given as appropriate.

The use of ipecacuanha to treat overdose with ondansetron is not recommended, as patients are unlikely to respond due to the anti-emetic action of ondansetron itself.

# **5. PHARMACOLOGICAL PROPERTIES:**

5.1 Pharmacodynamic properties: Pharmacodynamic properties: Pharmacotherapeutic group: Antiemetics and Antinauseants ATC code: A04AA01

#### Mechanism of Action

Ondansetron is a potent, highly selective 5HT3 receptor-antagonist. Its precise mode of action in the control of nausea and vomiting is not known.

Chemotherapeutic agents and radiotherapy may cause release of 5HT in the small intestine initiating a vomiting reflex by activating vagal afferents via 5HT3 receptors. Ondansetron blocks the initiation of this reflex. Activation of vagal afferents may also cause a release of 5HT in the area postrema, located on the floor of the fourth ventricle, and this may also promote emesis through a central mechanism. Thus, the effect of ondansetron in the management of the nausea and vomiting induced by cytotoxic chemotherapy and radiotherapy is probably due to antagonism of 5HT3 receptors on neurons located both in the peripheral and central nervous system.

The mechanisms of action in post-operative nausea and vomiting are not known but there may be common pathways with cytotoxic induced nausea and vomiting.

Ondansetron does not alter plasma prolactin concentrations.

The role of ondansetron in opiate-induced emesis is not yet established.

#### **QT** Prolongation

The effect of ondansetron on the QTc interval was evaluated in a double blind, randomized, placebo and positive (moxifloxacin) controlled, crossover study in 58 healthy adult men and women. Ondansetron doses included 8mg and 32mg infused intravenously over 15 minutes. At the highest tested dose of 32mg, the maximum mean (upper limit of 90% Cl) difference in QTcF from placebo after baseline-correction was 19.6 (21.5) msec. At the lower tested dose of 8mg, the maximum mean (upper limit of 90% Cl) difference in QTcF from placebo after baseline-correction was 19.6 (21.5) msec. At the lower tested dose of 8mg, the maximum mean (upper limit of 90% Cl) difference in QTcF from placebo after baseline-correction was 5.8 (7.8) msec. In this study, there were no QTcF measurements greater than 480 msec and no QTcF prolongation was greater than 60 msec.

## Paediatric population:

#### CINV

The efficacy of ondansetron in the control of emesis and nausea induced by cancer chemotherapy was assessed in a double-blind randomised trial in 415 patients aged 1 to 18 years (S3AB3006). On the days of chemotherapy, patients received either ondansetron 5 mg/m2 intravenous and ondansetron 4 mg orally after 8 to12 hours or ondansetron 0.45 mg/kg intravenous and placebo orally after 8 to12 hours. Post-chemotherapy both groups received 4 mg ondansetron syrup twice daily for 3 days. Complete control of emesis on worst day of chemotherapy was 49% (5 mg/m2 intravenous and ondansetron 4 mg orally) and 41% (0.45 mg/kg intravenous and placebo orally). Postchemotherapy both groups received 4 mg

ondansetron syrup twice daily for 3 days. There was no difference in the overall incidence or nature of adverse events between the two treatment groups.

A double-blind randomised placebo-controlled trial (S3AB4003) in 438 patients aged 1 to 17 years demonstrated complete control of emesis on worst day of chemotherapy in:

- 73% of patients when ondansetron was administered intravenously at a dose of 5 mg/m2 intravenous together with 2 to4 mg dexamethasone orally.
- 71% of patients when ondansetron was administered as syrup at a dose of 8 mg together with 2 to4 mg dexamethasone orally on the days of chemotherapy.

Post-chemotherapy both groups received 4 mg ondansetron syrup twice daily for 2 days. There was no difference in the overall incidence or nature of adverse events between the two treatment groups.

The efficacy of ondansetron in 75 children aged 6 to 48 months was investigated in an openlabel, non-comparative, single-arm study (S3A40320). All children received three 0.15 mg/kg doses of intravenous ondansetron, administered 30 minutes before the start of chemotherapy and then at 4and 8hours after the first dose. Complete control of emesis was achieved in 56% of patients.

Another open label, non-comparative, single-arm study (S3A239) investigated the efficacy of one intravenous dose of 0.15 mg/kg ondansetron followed by two oral ondansetron doses of 4 mg for children aged < 12 yrs and 8 mg for children aged  $\geq$  12 yrs (total no. Of children n=28). Complete control of emesis was achieved in 42% of patients.

# PONV

The efficacy of a single dose of ondansetron in the prevention of postoperative nausea and vomiting was investigated in a randomised, double-blind, placebo-controlled study in 670 children aged 1 to 24 months (post-conceptual age  $\geq$  44 weeks, weight  $\geq$  3 kg). Included subjects were scheduled to undergo elective surgery under general anaesthesia and had an ASA status  $\leq$  III. A single dose of ondansetron 0.1 mg/kg was administered within five minutes following induction of anaesthesia. The proportion of subjects who experienced at least one emetic episode during the 24- hour assessment period (ITT) was greater for patients on placebo than those receiving ondansetron (28% vs. 11%, p < 0.0001).

Four double-blind, placebo-controlled studies have been performed in 1469 male and female patients (2 to 12 years of age) undergoing general anaesthesia. Patients were randomised to either single intravenous doses of ondansetron (0.1 mg/kg for paediatric patients weighing 40 kg or less, 4 mg for paediatric patients weighing more than 40 kg; number of patients = 735) or placebo (number of patients = 734). Study drug was administered over at least 30 seconds, immediately prior to or following anaesthesia induction.

Ondansetron was significantly more effective than placebo in preventing nausea and vomiting. The results of these studies are summarised in Table 3.

Study	End Point	Ondansetron %	Placebo %	Р
				value
S3A380	CR	68	39	≤0.001
S3GT09	CR	61	35	≤0.001
S3A381	CR	53	17	≤0.001
S3GT11	No nausea	64	51	0.004
S3GT11	No emesis	60	47	0.004

Table 3. Prevention and treatment of PONV in Paediatric Patients – Treatment response over 24 hours

CR = no emetic episodes, rescue or withdrawal

# 5.2 Pharmacokinetic properties:

Following oral administration, ondansetron is passively and completely absorbed from the gastrointestinal tract and undergoes first pass metabolism. Peak plasma concentrations of about 30ng/ml are attained approximately 1.5 hours after an 8mg dose. For doses above 8mg the increase in ondansetron systemic exposure with dose is greater than proportional; this may reflect some reduction in first pass metabolism at higher oral doses. Mean bioavailability in healthy male subjects, following the oral administration of a single 8mg tablet, is approximately 55 to 60%. Bioavailability, following oral administration, is slightly enhanced by the presence of food but unaffected by antacids. Studies in healthy elderly volunteers have shown slight, but clinically insignificant, age-related increases in both oral bioavailability (65%) and half-life (5 hours) of ondansetron. Gender differences were shown in the disposition of ondansetron, with females having a greater rate and extent of absorption following an oral dose and reduced systemic clearance and volume of distribution (adjusted for weight).

The disposition of ondansetron following oral, intramuscular (IM) and intravenous (IV) dosing is similar with a terminal half life of about 3 hours and steady state volume of distribution of about 140L. Equivalent systemic exposure is achieved after IM and IV administration of ondansetron.

A 4mg intravenous infusion of ondansetron given over 5 minutes results in peak plasma concentrations of about 65ng/ml. Following intramuscular administration of ondansetron, peak plasma concentrations of about 25ng/ml are attained within 10 minutes of injection. Following administration of ondansetron suppository, plasma ondansetron concentrations become detectable between 15 and 60 minutes after dosing.

Concentrations rise in an essentially linear fashion, until peak concentrations of 20-30 ng/ml are attained, typically 6 hours after dosing. Plasma concentrations then fall, but at a slower rate than observed following oral dosing due to continued absorption of ondansetron. The absolute bioavailability of ondansetron from the suppository is approximately 60% and is not affected by gender. The half-life of the elimination phase following suppository administration is determined by the rate of ondansetron absorption, not systemic clearance and is approximately 6 hours. Females show a small, clinically insignificant, increase in half-life in comparison with males.

Ondansetron is not highly protein bound (70-76%). Ondansetron is cleared from the systemic circulation predominantly by hepatic metabolism through multiple enzymatic pathways. Less

than 5% of the absorbed dose is excreted unchanged in the urine. The absence of the enzyme CYP2D6 (the debrisoquine polymorphism) has no effect on ondansetron's pharmacokinetics. The pharmacokinetic properties of ondansetron are unchanged on repeat dosing.

#### Special Patient Populations Gender

Gender differences were shown in the disposition of ondansetron, with females having a greater rate and extent of absorption following an oral dose and reduced systemic clearance and volume of distribution (adjusted for weight).

# Children and Adolescents (aged 1 month to 17 years)

In paediatric patients aged 1 to 4 months (n=19) undergoing surgery, weight normalised clearance was approximately 30% slower than in patients aged 5 to 24 months (n=22) but comparable to the patients aged 3 to 12 years. The halflife in the patient population aged 1 to 4 months was reported to average 6.7 hours compared to 2.9 hours for patients in the 5 to 24 month and 3 to 12 year age range. The differences in pharmacokinetic parameters in the 1 to 4 month patient population can be explained in part by the higher percentage of total body water in neonates and infants and a higher volume of distribution for water soluble drugs like ondansetron.

In paediatric patients aged 3 to 12 years undergoing elective surgery with general anaesthesia, the absolute values for both the clearance and volume of distribution of ondansetron were reduced in comparison to values with adult patients. Both parameters increased in a linear fashion with weight and by 12 years of age, the values were approaching those of young adults. When clearance and volume of distribution values were normalised by body weight, the values for these parameters were similar between the different age group populations. Use of weight-based dosing compensates for age-related changes and is effective in normalising systemic exposure in paediatric patients.

Population pharmacokinetic analysis was performed on 428 subjects (cancer patients, surgery patients and healthy volunteers) aged 1 month to 44 years following intravenous administration of ondansetron. Based on this analysis, system exposure (AUC) of ondansetron following oral or IV dosing in children and adolescents was comparable to adults, with the exception of infants aged 1 to 4 months. Volume was related to age and was lower in adults than in infants and children. Clearance was related to weight but not to age with the exception of infants aged 1 to 4 months. It is difficult to conclude whether there was an additional reduction in clearance related to age in infants 1 to 4 months or simply inherent variability due to the low number of subjects studied in this age group. Since patients less than 6 months of age will only receive a single dose in PONV a decreased clearance is not likely to be clinically relevant.

# Renal impairment

In patients with renal impairment (creatinine clearance 15-60 ml/min), both systemic clearance and volume of distribution are reduced following IV administration of ondansetron, resulting in a slight, but clinically insignificant, increase in elimination half-life (5.4hours). A study in patients with severe renal impairment who required regular haemodialysis (studied between dialyses) showed ondansetron's pharmacokinetics to be essentially unchanged following IV administration.

# Elderly or renal impairment

Specific studies in the elderly or patients with renal impairment have been limited to IV and oral administration. However, it is anticipated that the half life of ondansetron after rectal administration in these populations will be similar to that seen in healthy volunteers, since the rate of elimination of ondansetron following rectal administration is not determined by systemic clearance.

Early Phase 1 studies in healthy elderly volunteers showed a slight age-related decrease in clearance, and an increase in half-life of ondansetron. However, wide inter-subject variability resulted in considerable overlap in pharmacokinetic parameters between young (< 65 years of age) and elderly subjects ( $\geq$  65 years of age) and there were no overall differences in safety or efficacy observed between young and elderly cancer patients enrolled in CINV clinical trials to support a different dosing recommendation for the elderly.

Based on more recent ondansetron plasma concentrations and exposure response modelling, a greater effect on QTcF is predicted in patient's  $\geq$  75 years of age compared to young adults. Specific dosing information is provided for patients over 65 years of age and over 75 years of age for intravenous dosing.

# Hepatic impairment

Following oral, intravenous or intramuscular dosing in patients with severe hepatic impairment, ondansetron's systemic clearance is markedly reduced with prolonged elimination half-lives (15-32hours) and an oral bioavailability approaching 100% due to reduced pre-systemic metabolism. The pharmacokinetics of ondansetron following administration as a suppository have not been evaluated in patients with hepatic impairment.

# 5.3 Preclinical safety data:

No additional data of relevance.

# 6. PHARMACEUTICAL PARTICULARS

# 6.1 LIST OF EXCIPIENTS

Microcrystalline Cellulose Anhydrous Lactose Pregelatinised Starch Magnesium Stearate Opadry Yellow 03B82943

# 6.2 Incompatibilities

Not applicable

# 6.3 Shelf life

24 months

# 6.4 Special precautions for storage

Store below 30°C. Protect from light. Keep out of reach of children.

# 6.5 Nature and contents of container

Blister pack of 10's

# 6.6 Special precautions for disposal and other handling

No special requirement

# 7. MARKETING AUTHORIZATION HOLDER

Name	: Zydus Lifesciences Limited		
Address	ess : Zydus Corporate Park, Scheme No. 63, Survey No. 53, Khoraj,		
	(Gandhinagar), Nr. Vaishnodevi Circle, Ahmedabad Gandhinagar, Gujarat,		
	382481 India		
Tel. No.	:+91-079-71800000,+91-079-48040000		

# 8. MARKETING AUTHORISATION NUMBER(S)

CAD/IND/046

# 9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Date of first authorisation : 26/10/2016 Date of latest renewal : 29/11/2022 **10. DATE OF REVISION OF THE TEXT** Upto next revision

# **11. REFERENCE**

Not Applicable