

1. Name of the medicinal product

Clotrimazole Cream BP 1% w/w

2. Qualitative and quantitative composition

Clotrimazole 1% w/w (each g contains 10 mg of Clotrimazole).

Excipient(s) with known effect: Cetostearyl Alcohol 7% w/w For a full list of excipients, see 6.1

3. Pharmaceutical form

Cream

White soft mass.

4. Clinical particulars

4.1 Therapeutic indications

Clotrimazole is used for the treatment of:

- All dermatomycoses due to moulds and other fungi, (e.g., Trichophyton species).
- All dermatomycoses due to yeasts (Candida species).
- Skin diseases showing secondary infection with these fungi.
- Candidal nappy rash, vulvitis and balanitis.

4.2 Posology and method of administration

Posology:

There is no separate dosage schedule for the young or elderly.

Method of administration

Clotrimazole Cream should be applied thinly 2 or 3 times daily and rubbed in gently. A strip of cream (½ cm long) is enough to treat an area of about the size of the hand.

Treatment should be continued for at least one month for dermatophyte infections and at least two weeks for candidal infections.

If the feet are infected, they should be washed and dried, especially between the toes, before applying the cream.

4.3 Contraindications

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

4.4 Special warnings and precautions for use

This product contains cetostearyl alcohol, which may cause local skin reactions (e.g., contact dermatitis).

4.5 Interaction with other medicinal products and other forms of interaction

Laboratory tests have suggested that, when used together, this product may cause damage to latex contraceptives. Consequently, the effectiveness of such contraceptives may be reduced. Patients should be advised to use alternative precautions for at least five days after using this product.

4.6 Fertility, Pregnancy and lactation

Pregnancy:

There is a limited amount of data from the use of clotrimazole in pregnant women. Animal studies with clotrimazole have shown reproductive toxicity at high oral doses (see section 5.3). At the low systemic exposures of clotrimazole following topical treatment, harmful effects with respect to reproductive toxicity are not predicted. Clotrimazole can be used during pregnancy, but only under the supervision of a physician or midwife.

Lactation:

There are no data on the excretion of clotrimazole into human milk. However, systemic absorption is minimal after administration and is unlikely to lead to systemic effects. Clotrimazole may be used during lactation. If used topically on the nipple area, wash breasts before feeding child.

Fertility:

No human studies of the effects of clotrimazole on fertility have been performed; however, animal studies have not demonstrated any effects of the drug on fertility.

4.7 Effects on ability to drive and use machines

Clotrimazole cream has no or negligible influence on the ability to drive or use machines.

4.8 Undesirable effects

As the listed undesirable effects are based on spontaneous reports, assigning accurate frequency of occurrence for each is not possible.

Immune system disorders: anaphylactic reaction, angioedema, hypersensitivity.

Vascular disorders: syncope, hypotension.

Respiratory, thoracic and mediastinal disorders: dyspnoea.

Skin and subcutaneous tissue disorders: blister, dermatitis contact, erythema, paraesthesia, skin exfoliation, pruritus, rash, urticaria, stinging skin/burning sensation skin.

General disorders and administration site conditions: application site irritation, application site reaction, oedema, pain.

4.9 Overdose

No risk of acute intoxication is seen as it is unlikely to occur following a single dermal application of an overdose (application over a large area under conditions favourable to absorption) or inadvertent oral ingestion. There is no specific antidote.

However, in the event of accidental oral ingestion, routine measures such as gastric lavage should be performed only if clinical symptoms of overdose become apparent (e.g. dizziness, nausea or vomiting). Gastric lavage should be carried out only if the airway can be protected adequately.

5. Pharmacological Properties

5.1 Pharmacodynamic Properties

<u>Pharmacotherapeutic group:</u> Antifungals for topical use – imidazole and triazole derivatives

ATC Code: D01A C01

Mechanism of Action

Clotrimazole acts against fungi by inhibiting ergosterol synthesis. Inhibition of ergosterol synthesis leads to structural and functional impairment of the fungal cytoplasmic membrane.

Clotrimazole has a broad antimycotic spectrum of action in vitro and *in vivo*, which includes dermatophytes, yeasts, moulds, etc.

Under appropriate test conditions, the MIC values for these types of fungi are in the region of less than $0.062\text{-}8.0~\mu\text{g/ml}$ substrate. The mode of action of clotrimazole is primarily fungistatic or fungicidal depending on the concentration of clotrimazole at the site of infection. *In vitro* activity is limited to proliferating fungal elements; fungal spores are only slightly sensitive. In addition to its antimycotic action, clotrimazole also acts on gram-positive microorganisms (Streptococci / Staphylococci / Gardnerella vaginalis), and gram-negative microorganisms (Bacteroides).

In vitro clotrimazole inhibits the multiplication of Corynebacteria and grampositive cocci - with the exception of Enterococci - in concentrations of 0.5-10 μ g/ml substrate. Primarily resistant variants of sensitive fungal species are very rare; the development of secondary resistance by sensitive fungi has so far only been observed in very isolated cases under therapeutic conditions.

5.2 Pharmacokinetic properties

Pharmacokinetic investigations after dermal application have shown that clotrimazole is minimally absorbed from the intact or inflamed skin into the human blood circulation. The resulting peak serum concentrations of clotrimazole were below the detection limit of 0.001 mcg/ml, suggesting that clotrimazole applied topically is unlikely to lead to measurable systemic effects or side effects.

5.3 Preclinical safety data

Non-clinical data reveal no special hazard for humans based on studies of repeated dose toxicity, genotoxicity and carcinogenicity.

Clotrimazole was not teratogenic in reproductive toxicity studies in mice, rats and rabbits. In rats high oral doses were associated with maternal toxicity, embryotoxicity, reduced foetal weights and decreased pup survival.

In rats clotrimazole and/or its metabolites were secreted into milk at levels higher than in plasma by a factor of 10 to 20 at 4 hrs after administration, followed by a decline to a factor of 0.4 by 24 hrs.

6. Pharmaceutical Particulars

6.1 List of excipients

Cetostearyl alcohol
Cetodet-500
White petroleum jelly
Propylene glycol
Light liquid paraffin
Butylated hydroxy toluene
Di sodium EDTA
Polyoxyl 40 hydrogenated castor oil
Parachloro metacresol
Dimethicone 350
Purified water

6.2 Incompatibilities

Not Applicable.

6.3 Shelf life

36 Months

6.4 Special precautions for storage

Store in a dry and dark place at a temperature not exceeding 30°C. Do not freeze it.

6.5 Nature and contents of container

Clotrimazole Cream is available in lami tubes which are packed in printed carton along with pack insert.

Pack size: 15 g.

6.6 Special precautions for disposal and other handling

Not applicable

7. Marketing Authorization Holder

VMEDICARE Private Limited B-201, Charms Heritage, Behind Water Filtration Plant, Gauripada, Khadakpada, Kalyan West Dist. Thane, Mumbai, Maharashtra, India Pin: 421301

8. Marketing Authorization Numbers

09356/09765/NMR/2022

9. Date of first authorization/renewal of the authorization

Dec 24, 2023

10. Date of revision of the text

Not applicable

